

# Building the Future of Chiropractic Education in India: A National Imperative rooted in leadership

## Dr Spine India

#### Call to arms

Given the compounding eminent danger of limited classes on manipulation, and the 'fake chiropractors' proliferating throughout India, the need to act is NOW.

If you are a health educator or institution interested in contributing to India's chiropractic future, whether through teaching, curriculum development, or research partnerships, we invite you to reach out and contribute to this purpose.

This effort is about building not just a profession, but a movement, rooted in education, driven by local leadership, and open to global collaboration.

Indexing Terms: Chiropractic; subluxation; education; Transnational Curriculum; India; accreditation.

### Introduction

s the demand for non-invasive, neurological and musculoskeletal-based  $m{\Pi}$  healthcare continues to rise globally, India now stands at a pivotal crossroads: will it import a profession or cultivate one that is deeply rooted, sustainable, and nationally empowered? The answer lies not in legislation or recognition alone, but first in education. What is unfortunately happening is that unqualified, untrained individuals are treating the public after undertaking limited classes ranging from only two days to one week, falsely claiming they are providing 'chiropractic' services, and are endangering the public today. Cases are rampant of injuries resulting in minor to severe complications such as stroke, spine and nerve related injuries.

The foundational issue limiting Chiropractic's sustainable advancement into emerging countries is not public interest, nor clinical relevance. It is the critical shortage of qualified educators capable of forming domestic programs. This reality applies acutely to India, a country whose healthcare system and demographic diversity demands scalable solutions that are safe, effective, and cost-efficient. Chiropractic, a well-established global profession, is inherently positioned to meet this need, but without Indian-led educational infrastructure, its full potential remains untapped.

The Chiropractic Diplomatic Corps (CDC) has long advocated for a guiding principle we call 'Schools Before Laws'. This means placing the emphasis on building national teaching capacity before

.. The outcomes of the Indian programs will bring the immense benefits of conventional, subluxation-focussed Chiropractic to new markets where the need for our services is immense...



seeking full legislative recognition. Regulation without education results in stagnation. Education first produces the professionals, public support, and institutional frameworks necessary for durable recognition and responsible practice.

India now has the vision, the institutional interest, and the critical first generation of pioneers leading the way. At the forefront of this movement is Dr Spine, a 13-year provider based in Bangalore, India, which stands as a national exemplar of how Chiropractic can be successfully introduced, integrated, and scaled. With multiple clinic locations throughout Bangalore, Dr Spine has demonstrated the need for Chiropractic with both clinical excellence and business acumen, attracting thousands of patients and raising awareness about Chiropractic care among India's urban middle class.

More importantly, under the leadership of CEO, Jayul Doshi, the Asian Institute of Scoliosis (A research based entity) and Dr Spine are doing more than treating patients, they are shaping the future of the profession itself. Doshi has become a strategic partner in the academic evolution of Chiropractic in India to set up colleges, actively participating in program design, faculty development initiatives, curating the framework for assisting the government to adopt regulation and legislation for the profession. Through his dual role as a health entrepreneur and education advocate, he embodies the next-generation leadership India so vital to meet India's needs.

Further elevating India's innovation position is the Asia Institute of Scoliosis (AIS), the brainchild and the parent organisation of Dr Spine. AIS is investing heavily in the design and manufacture of indigenous structural and functional rehabilitative equipment, a breakthrough development that supports the need for affordable Chiropractic equipment and enhances India's self-reliance in healthcare technology. Their vision is not limited to clinical care but includes creating a national research base for scoliosis and postural disorders.

AIS is poised to host global research collaborations centred in India, making it a beacon for innovation and academic advancement in conservative spine care and most importantly Scoliosis. This, of course, will prompt the extensive publication of research articles on these topics.

We call upon research enthusiasts, Chiropractic educators, health sciences faculty, and forward-thinking institutions to join this effort. The challenge is no longer about proving the need for Chiropractic in India, it speaks for itself. The challenge now is building the academic infrastructure to ensure its future is owned by Indians, taught by Indians, and practiced by Indians.

### **Conclusion**

The Melbourne Caucus of August 2025 finalised the 6-year Doctor of Chiropractic Curriculum but what makes the introduction of Chiropractic education in India unique, and will underpin the successful roll-out of the 6-year curriculum, is the Faculty Training Program (FTP).

The FTP is an intense program of Chiropractic education consisting of 2,604 contact hours including supervised clinical practicum requiring 500 patient visits. The Graduate Outcome is a skilled entry-level Chiropractor with focused capability of leading the learning and teaching activities within specified courses of the 6-year program.

In other words, the initiative has placed 'education before legislation' by training Indigenous Chiropractic Educators capable of advancing the core precepts of subluxation-based Chiropractic and establishing new global standards for the curriculum, its accreditation, and full integration into the National University System.

Individual Chiropractors who would like to contribute to these developments as teachers in their clinical field are invited to email ... ais@drspine.in.

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Editor's note: Dr Spine India is a progressive provider of conservative spine services in India and is on track with launching more clinics throughout the nation. They are also proactive with the introduction of International standard, university-based Chiropractic education in India to provide Chiropractors with high-level capability to grow the profession and discipline in that country. They are also committed to a research agenda which will benefit the discipline globally.

Given their leadership position the Journal requested Dr Spine to provide this contemporary overview of Chiropractic developments in India.

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